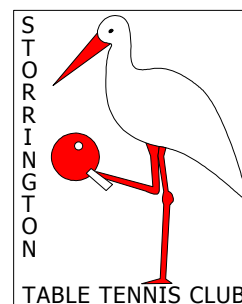


Storrington Table Tennis Club

News Letter Autumn Term 2010



Autumn Term Session Times/Dates/Fees

For the Summer Term we will be running our normal sessions.

Playing fees will be as follows:

- £3.00 All club sessions both Adult and Junior (Adult sessions do not stop for school holidays only bank holidays when the leisure centre is closed)
- £31.00 For **Adults & Juniors** Sessions for the whole of the Autumn Term (approximately 13 weeks at £3.00 would be £39). To take advantage of this offer the money would have to be paid by the 23rd September
- £4:00 Match fee for those playing in the league payable both home and away.
- £2.50 This year **everybody** is required to become a member of the English Table Tennis Association. This is a one off annual fee to be paid to the club which we have to pass on to the ETTA (if you are playing in the league this year the league fee already covers this).

Cheques should be made payable to 'Storrington Table Tennis Club'

Note in addition to the club fees there will be the entrance fee to the leisure centre for non leisure centre members.

Session	Day	Session Time	Start Date	End Date
Junior Beginners & Improvers	Thursday	5:00-5:55	9 th September	21 st October
Junior Intermediate & Advanced	Thursday	6:00-6:55	9 th September	21 st October
HALF TERM				
Junior Beginners & Improvers	Thursday	5:00-5:55	4 th November	9 th December
Junior Intermediate & Advanced	Thursday	6:00-6:55	4 th November	9 th December
Adult	Monday	8:30 – 10:00	13 th September	13 th December

Club News

Over the summer the club entered 2 teams in the South West Sussex Summer League. This is a handicap league allowing players of all abilities to compete against each other. The two teams showed their strength by holding up the rest of the table. As a club we treat this competition as a way of introducing our juniors to competitive league play so they all have to be congratulated for taking up the challenge especially [REDACTED] who ended up with the best averages for the club

The club has entered two teams in to the Worthing and District's Table Tennis League one in the 3rd division and the second in the 4th division wish us luck as we try and build on last years success. You will be able to keep track of our progress on the web site.

Club Plans

The club is run by volunteers and are in desperate need of support to assist in it's running. At the moment the Adult Club Liaison officer committee position is vacant (to see the description of the roles and responsibilities visit the web site).

The junior sessions could also use some support with taking the register, and collecting of monies and singeing of books as these administration activities eat into the session time. It would also be nice if we could get some help with clearing away of equipment at the end of the session.

The club is looking to employ a coach for the adult session who will be there on a Monday night between 8:30 and 9:30 to ensure that there is coaching available every week.

Table Tennis Information

(New information will be in italics)

Clothing

Suitable clothing should consist of a short sleeved shirt and either shorts or a skirt. A track suit is acceptable for training and for keeping warm when active. All clothing should not be too tight which, restricts movement or too loose which, gets in the way of playing strokes. The players' clothing should allow good visibility of the table tennis ball and should therefore not be orange or white. Shoes should provide good grip on the floor and be light, flexible, have good support around the heel and instep. Trainers are not recommended because they have inflexible soles and the heels are too high. This risks damage to a player's ankle. Any shoes that are used have to have non marking soles so as not to damage the hall floor.

The club sells Navy blue Fruit Of The Loom polo shirts with the club logo in the following sizes

- 7-8 (128 cm) £7.50
- 9-11 (140 cm) £7.50
- 12-13 (152cm) £7.50
- 14-15 (164cm) £8.50
- Adult (L) £11.50



Equipment

The club provides table tennis bats etc. for its players to use during sessions. If a player would like their own bats etc. they will be able to purchase them through the club (we hope to get reasonable deals from specialist suppliers). The club would not recommend buying bats from ordinary sports shops without taking specialist advice first. Bats can be expensive and getting the wrong bat/rubbers could make it a waste of money.

Sources of Table Tennis information on the Web

The English Table Tennis Association official web site.

www.englishtabletennis.org.uk

The International Table Tennis Federation (this site contains the up to date laws of table tennis)

www.ittf.com

European Table Tennis Union

www.ettu.org

Sussex Table Tennis Alliance

www.sussextta.co.uk

Horsham Table Tennis Club

www.horshamtabletennisclub.co.uk/

Worthing and District Table Tennis League

www.wdtt.co.uk

Club Contact Information

Any messages, queries or questions about the club can be left with Chanctonbury Sport and Leisure centre.

Chanctonbury Sport & Leisure
Spierbridge Road,
Storrington,
Pulborough,
RH20 4PG

Telephone number (01903) 746070

Or to Ian Talmadge

Telephone number: (01903) 745095

Email : ian@storrington-tabletennis.co.uk

Or via our web site

www.storrington-tabletennis.co.uk