

Welcome to Storrington Table Tennis Club



Storrington Table Tennis Club (STTC) is a small local club that provides the opportunity for children (school years 3 to 11) and adults to play table tennis. The club operates on a pay as you go basis and as such doesn't have members. The STTC committee ensures that the constitution of the club is adhered to and operates to meet the clubs objectives which are listed in the attached constitution.

The club provides English Table Tennis Association (ETTA) and UKCC qualified coaching for children on a Thursday night between 5pm and 7pm at Chanctonbury Sport and Leisure (5 to 6pm for beginners/improvers and 6 to 7pm for intermediate/advanced). The club also operates an adult session on a Monday night between 8:30 and 10pm with coaching available if required. STTC players are also able to participate in local tournaments against players from other local clubs. There is also the opportunity to receive further coaching at clubs in Arundel and Horsham, with which STTC is linked. Arundel TTC meet on a Saturday from 4 to 6pm and advanced training is available at Horsham TTC (please ask for further details). Horsham TTC is an ETTA registered premier club.

The STTC coaching staff are Criminal Records Bureau (CRB) checked and the club has a child protection policy.

The club requires all its players and their parents to sign up to the club's code of conduct when they register. This is to ensure the safety and well being of all the children that play at the club.

Players' Code Of Conduct	Parents'/Supporters' Code Of Conduct
<ul style="list-style-type: none"> • Play for enjoyment, not just to win. • All players must play within the rules and respect officials and their decisions. • Control your temper - no bad language. • Respect your opponents. • At the end of the match thank your opponents and the match officials for the match. • Respect the facility that you are using and always leave it the way you found it. • Players are not allowed to smoke on club premises or whilst representing the club at competitions. • Players are not allowed to be under the influence of or to consume alcohol/illegal drugs of any kind on the club premises or whilst representing the club. 	<ul style="list-style-type: none"> • Encourage your child to learn the rules and play within them. • Discourage unfair play and arguing with officials. • Help your child to recognise good performance, not just results. • Never force your child to take part in sport. • Set a good example by recognising fair play and applauding the good performances of all. • Never punish or belittle a child for losing or making mistakes. • Publicly accept officials' judgements. • Support your child's involvement and help them to enjoy their sport. • Use correct and proper language at all times.

On the reverse of this sheet you will find further information on equipment/clothing and contact details. I hope this sheet answers your questions, if not please contact me.

Welcome to the Club.

Ian Talmadge
Club Chairman and Head Coach

General Table Tennis Information

Clothing

Suitable clothing should consist of a short sleeved shirt and either shorts or a skirt. A track suit is acceptable for training and for keeping warm when active. All clothing should not be too tight which, restricts movement or too loose which, gets in the way of playing strokes. The players' clothing should allow good visibility of the table tennis ball and should therefore not be orange or white.

Shoes should provide good grip on the floor and be light, flexible, have good support around the heel and instep. Trainers are not recommended because they have inflexible soles and the heels are too high. This risks damage to a player's ankle. Any shoes that are used have to have non marking soles so as not to damage the hall floor.

The club sells Navy blue Fruit Of The Loom polo shirts with the club logo in the following sizes

- 7-8 (128 cm) £7.50
- 9-11 (140 cm) £7.50
- 12-13 (152cm) £7.50
- 14-15 (164cm) £8.50
- Adult (L) £11.50



Equipment

The club provides table tennis bats etc. for its players to use during sessions. If a player would like their own bats etc. they will be able to purchase them through the club (we hope to get reasonable deals from specialist suppliers). The club would not recommend buying bats from ordinary sports shops without taking specialist advice first. Bats can be expensive and getting the wrong bat/rubbers could make it a waste of money.

Sources of Table Tennis information on the Web

The English Table Tennis Association official web site.

www.englishtabletennis.org.uk

The International Table Tennis Federation (this site contains the up to date laws of table tennis)

www.ittf.com

European Table Tennis Union

www.ettu.org

Sussex Table Tennis Alliance

www.sussextta.co.uk

Horsham Table Tennis Club

www.horshamtabletennisclub.co.uk/

Worthing and District Table Tennis League

www.wdtt.co.uk

Club Contact Information

Any messages, queries or questions about the club can be left with Chanctonbury Sport and Leisure centre.

Chanctonbury Sport & Leisure

Spierbridge Road,

Storrington,

Pulborough,

RH20 4PG

Telephone number (01903) 746070

Or to Ian Talmadge

Telephone number: (01903) 745095

Email : ian@storrington-tabletennis.co.uk

Or via our web site www.storrington-tabletennis.co.uk